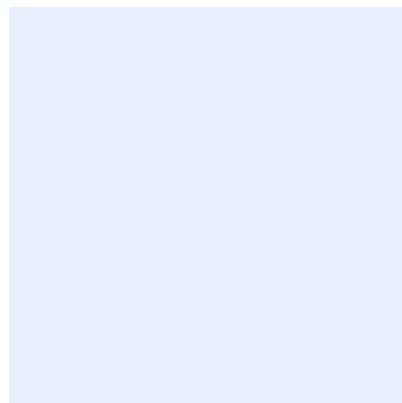
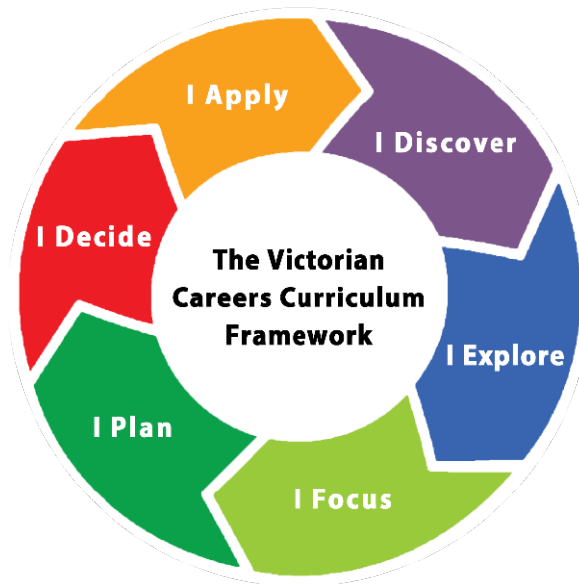




My Individual Pathway Plan Senior Years



Name:

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This plan will

- Help me to think about who I am
- Show me what I am good at and where I need to improve
- Help me work out my work experience placements and my job interests
- Help me with my goals for success in the future
- Give me opportunities to change my goals if the need arises
- Allow me to plan my transition from school and find out supports
- Ensure that my privacy is protected in this document

Acknowledgements

This workbook has been adapted by Lisa Wilson for use at Yarrabah School with permission of Katina Heaslip, DEECD, from the document completed by Sheffield City Council, Sheffield Care Trust, NHS and Helen Sanderson Associates UK.

My Profile

Name:	
Date of Birth:	
Place of Birth:	
I live with:	
Address:	
Home Phone:	
Mobile Phone:	
Year Level:	
Parent / Carer Name(s):	
My Teachers:	
My Career Teacher:	

Who am I?

The top 3 things in my life that are important to me:

1.

2.

3.

The top 3 influential people in my life are:

1.

2.

3.

My top 3 personal attributes are:

1.

2.

3.

Who am I?

My Proudest achievement is:

What I like to do:

At School:

At Home:

During my leisure time:

What I *don't* like doing:

At School:

At Home:

During my leisure time:

My Skills - Staying healthy and safe

I can do these things by myself:

I would like to be able to do these things by myself:

I need help to do these things:

My Skills - Communication

What I do when I am feeling:

Happy

Angry

Sad

Frustrated

Unwell or in pain

My Skills - Transportation and Travel

I am interested in...	I can already do this	I would like to do this	Comments
Learning to use public transport on my own			
Practising getting in and out of a vehicle (train, bus, tram) on my own			
Learning public transport routes			
Learning to read a timetable			
Learning use a Myki card for trains, buses or trams			
Learning to safely cross roads on my own			
Knowing what to do if the train, bus or tram does not arrive			
Other...			

My Skills

Literacy and Numeracy in Everyday Situations

Skills	Yes	Not Yet	Comments
Personal Information			
Name			
Address			
Personal mobile and / or home telephone			
Parents / Carers names and phone numbers			
Community Signs			
Ladies / Mens			
Out of Order			
Emergency Exit			
Traffic Signs: Stop			
Traffic Signs: Pedestrians			
Key Words and Symbols			
Danger			
Warning			
Poison			
Prescription Labels			

My Skills Literacy and Numeracy in Everyday Situations

Skills	Yes	Not Yet	Comments
Directional Skills			
Up / Down			
Left / Right			
Basic Maps			
Time			
Digital			
Analogue			
Transport Timetables			
School Timetables			
Calendar			
Money			
Recognise notes and coins			
Change *			
Use ATM card			
Create and follow a budget			

My Skills - Literacy and Numeracy in Everyday Situations

Skills	Yes	Not Yet	Comments
General Numeracy Skills			
Identify Numbers (*)			
Perform simple equations without calculator			
Perform simple equations with calculator			
Interpret simple everyday numbers / figures to gain information			
Use everyday language of shapes i.e. size, colour, attributes			
Accurately use simple forms of measurement i.e. length, weight, capacity, temperature			

My Skills - Literacy and Numeracy in Everyday Situations

Skills	Yes	Not Yet	Comments
General Literacy Skills			
Gains key information when reading simple text			
Able to research to find information			
Able to choose appropriate information to present			
Accurately recalls information			
Follow written instructions			
Follow oral instructions of 2-3 steps			


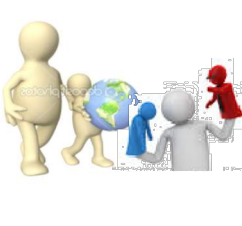




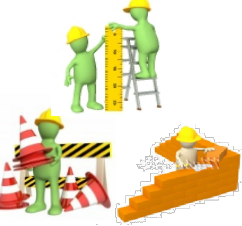
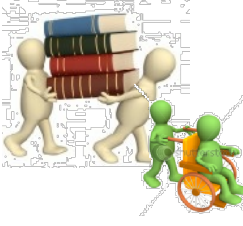


My Skills - Employability

Skill	I'm pretty good at this	I need to do some work	Where I already, or will, practise this skill
Communication			
Team Work			
Problem Solving			
Initiative			
Planning and Organising			
Working Independently			
Goal Setting			
Technology			
Which two skills do I need to work on the most?			
1.			
2.			

My Skills Work Experience

Industries I am interested in gaining work placement / experience:

Please circle 3...

				
Hospitality	Education	Retail	Animal Care	Hair and Beauty
				
Transport / Supply Chain and Logistics	Building and Construction	Health and Public Services	Horticulture	Administration

Other:

Working

	Work I already do...	Work I would like to find out about...
Work at home		
Work at School		
Work as a volunteer		
Work with an employer		

My Future – My Aspirations

In the future, I would like to investigate:

In the future, I would not like to pursue:

My Future – My Short-term Goals

	Why they are important	What do I have to do to achieve this (People/Resources to help me)	Achievement/Review date
Education			
Personal			
Employment			

My Future – My Long-term Career Goals

When I finish school I plan to...	My 1 st choice	My 2 nd choice
Get a full-time or Part-time job		
Further Education TAFE		
Become a volunteer		
Develop my life skills		
Do something else		
I hope to achieve these goals with the assistance of:		

My Future – My Long-term Goals

	Why they are important	What do I have to do to achieve this (People/Resources to help me)	Achievement/Review date
Education			
Personal			
Employment			

My Checklist

	Yes	No	Comments
I have:			
Developed a resume			
Applied for a Disability Support Pension			
Obtained a list of services to help me find employment / support			
I have a portfolio containing:			
Current Resume			
Career Action Plan			
Work Samples			
Certificates / Awards			
Work Experience Report			
References from activities/projects			
Tax File Number			
Disability Support Pension Number			

Comments:

Congratulations – you are on your way to achieving your set goals.